



Dan Weinstein, PsyD, LLC  
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## **Anxiety in Adolescents and Children: Information for Teachers and Parents – Dan Weinstein, Psy.D.**

The purpose of this presentation is to provide current, evidence-based information about anxiety disorders in children and adolescents. Dr. Weinstein will review the prevalence, triggers, developmental course, and causal factors with regard to clinical anxiety. Co-occurrence and overlap of anxiety symptoms with other disorders will be discussed (e.g., depression, AD/HD).

Dr. Weinstein will describe the various types of anxiety disorders, including their signs, symptoms, and how they manifest in children and adolescents. He will provide recommendations for how to help students with clinical anxiety, and will discuss which effective treatments are available for children and adolescents suffering from anxiety.

### **About Dr. Weinstein:**

Dr. Weinstein helps parents better understand the struggles faced by their children, by providing evaluations, psychotherapy, and educational services. He enjoys assisting students in developing effective problem-solving skills, reducing emotional and behavioral problems, coping with stress, getting along better with others, and strengthening their family relationships.

Dr. Weinstein specializes in conducting AD/HD, learning disability, diagnostic, and substance abuse evaluations. He also specializes in adolescent and child emotional and behavioral problems, and provides family psychotherapy and individual psychotherapy with children, adolescents, and adults. He also offers presentation and consultation services to schools, organizations, and parent groups.

He has published articles on childhood diagnosis of AD/HD and Posttraumatic Stress Disorder (PTSD). His website is: [www.doctordanw.com](http://www.doctordanw.com)