



Dan Weinstein, PsyD, LLC  
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## **Depression in Adolescents and Children: Differences and Interventions for Teachers & Parents**

### **Dan Weinstein, Psy.D.**

The purpose of this presentation is to provide current, evidence-based information about the various types of Mood Disorders (Major Depressive Disorder, Bipolar Disorder, & Dysthymic Disorder). Dr. Weinstein will review the prevalence of depressive disorders and issues related to onset of depression and suicide. Risk factors for depression will be discussed, as well as the diagnostic criteria and symptoms of depression, with a special focus on signs that may be associated with depressive disorders that are specific to children and adolescents.

Dr. Weinstein will describe the etiology and evaluation of depression, as well as the various treatments that are effective in reducing depression. He will provide techniques for helping depressed adolescents and children receive the help they need. If time permits he will demystify myths about depression in this population and discuss the co-occurrence of depression and other conditions (e.g., anxiety, AD/HD).

#### **About Dr. Weinstein:**

Dr. Weinstein helps parents better understand the struggles faced by their children, by providing evaluations, psychotherapy, and educational services. He enjoys assisting students in developing effective problem-solving skills, reducing emotional and behavioral problems, coping with stress, getting along better with others, and strengthening their family relationships.

Dr. Weinstein specializes in conducting AD/HD, learning disability, diagnostic, and substance abuse evaluations. He also specializes in adolescent and child emotional and behavioral problems, family psychotherapy, and individual psychotherapy with children, adolescents, and adults. He also provides presentation and consultation services to schools, organizations, and parent groups.

He has published articles on childhood diagnosis of AD/HD and Posttraumatic Stress Disorder (PTSD). His website is: [www.doctordanw.com](http://www.doctordanw.com)