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The Art of the Parent-Child Kibitz: How to Improve Communication between You and Your Child

Dan Weinstein, Psy.D.

There is a direct connection between how children feel and behave. A parent's response to a child's feelings and actions has a strong impact on the child's behavior and is a key element in the parent-child relationship and communication pattern. This presentation is based in part on the work of Faber and Mazlish (*How to Talk So Kids Will Listen & Listen So Kids Will Talk*, 1999), as well as the work of Barkley and Benton (*Your Defiant Child*, 1998).

The purpose of this presentation is to assist parents with practical and effective skills for opening up the communication between the parent and child/adolescent. Dr. Weinstein will discuss techniques to help children deal with their feelings and techniques to engage their cooperation. He also will provide methods for using alternatives to punishment when possible, teaching your child how to problem-solve, encouraging autonomy, and praising carefully.

About Dr. Weinstein:

Dr. Weinstein works with families to increase the effectiveness of the parent-child relationship and communication pattern. He helps parents better understand the struggles faced by their children, by providing evaluations, psychotherapy, and educational services. He enjoys assisting students in developing effective problem-solving skills, reducing emotional and behavioral problems, coping with stress, getting along better with others, and strengthening their family relationships.

Dr. Weinstein specializes in conducting AD/HD, learning disability, and diagnostic evaluations. He also specializes in adolescent and child emotional and behavioral problems, and provides family psychotherapy and individual psychotherapy with children, adolescents, and adults. He offers presentation and consultation services to schools, organizations, and parent groups.

He has published articles on childhood diagnosis of AD/HD and Posttraumatic Stress Disorder (PTSD). His website is: www.doctordanw.com